

BLOCK 1: SOFT SKILLS IN THE TOURISM SECTOR

PARTICIPANT'S MANUAL

Consortium















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COMMUNICATION SKILLS FOR ACCESIBLE AND INCLUSIVE TOURISM SECTOR

List of contents

- Introduction
- Objectives of the unit
- Face to face sessions.
 - Basic concepts of communication
 - Appropriate and inappropriate communication
 - Communication in group and problem solving
 - Communication at work and work interview
- Conclusions

INCLUSIVE TOURISM

Co-funded by the Erasmus+ Programme of the European Union







1. INTRODUCTION





Communication is basically the act of transferring information from one place (or person) to another.





Categories of communication:

 spoken or verbal communication (face-to-face, telephone, radio or television and other media),







Categories of communication:

 non-verbal communication (body language, gestures, how we dress or act - even our scent),







Categories of communication:

 written communication (letters, e-mails, books, magazines, the Internet or via other media)

ACADEMIC AND ACTIVITIES RESUME SAMPLE

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Categories of communication:

 and also visualizations (graphs and charts, maps, logos and other visualizations can communicate messages).





The **process of interpersonal communication** cannot be regarded as a phenomena which simply 'happens', but should be seen as a **process which involves participants** negotiating their role in this process, whether consciously or unconsciously.









Effective communication involves minimising potential misunderstanding and overcoming any barriers to communication at each stage in the communication process.





Communicationisahugelycomplexprocessand it is reallydifficult tohavegoodcommunicationif you donothaveapriorknowledgeabout it.





The main goal of the following sessions is to present through different activities what the **communication** is, to offer to participant's a chance to communicate in different ways, to emphasize what is appropriate communication, to present different rules of communication and problem solving, ...



All of that is important for PwD in connection to their work, workplace and relations at work.

Communication at work is very **important**, because it allows companies to be

productive and operate effectively and to achieve common goal.

Employees can experience an **increase in morale**, **productivity** and **commitment** if they are **able** to communicate up and down the communication chain in an organization.





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2. OBJECTIVES OF THE UNIT



Objectives

Communication skills for accesible and inclusive tourism sector

- To know what a communication is.
- To distinguish between verbal and non verbal communication.
- To distinguish between appropriate and inappropriate communication.
- To learn how to communicate in group.
- To learn how to solve a problems while working in a group.

- To learn how to communicate while at work.
- To know how to act at job interwiev.



3. FACE TO FACE

SESSION



SESSION 1

AGENDA

- Co-funded by the Erasmus+ Programme of the European Union
 - 1. Introduction of basic concepts of communication
 - 2. Verbal communication
 - 3. Non verbal communication
 - 4. Conclusions
 - 5. Evaluation



1.1.INTRODUCTION OF BASIC CONCEPTS OF COMMUNICATION

Introduction basic concepts of communication

Communication skills for accesible and inclusive tourism sector

Guess who?









Do you understand me?

Questions:

How did you feel while I was talking?



- How could I be more understood? Demonstrate the right way.
- Why is this kind of speech important?





- What is communication?
- Who can communicate?
- What is important for good communication?
- How people communicate?



HOW DO WE COMMUNICATE?

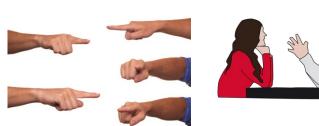
Most people think about speech when they think about communication but there are many **other ways** we can also use **to communicate with each other**:

- Facial expressions
- Gestures
- Pointing / Using hands
- Writing

- Drawing
- Touch
- Eye contact
- Using equipment e.g. text message or computer

















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EFFECTIVE COMMUNICATION

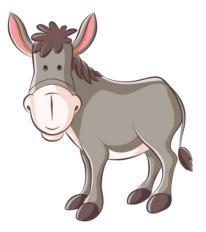
For communication to be **effective** we have to **understand** each other (speak the same language), **have eye contact**, **appropriate volume, appropriate speed of speech** ...





Activity 3

Donkey, who is behind you?

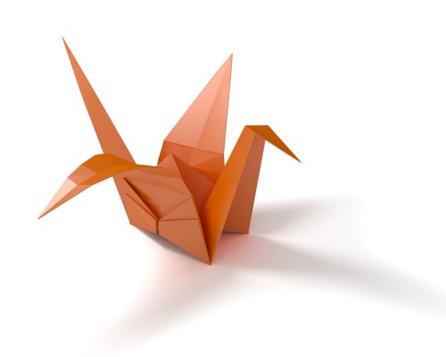






Activity 4

Communication origami





Activity 5



Telephone





Discussion

- How did you felt during activities?
- What is verbal communication?







1.2.VERBAL COMMUNICATION





Verbal communication is a process of sharing information between individuals by using speech.

Individuals working within a business need to effectively use verbal communication that employs readily understood spoken words, as well as ensuring that the enunciation, stress and tone of voice with which the words are expressed is appropriate.



Activity 6 Who's in front of you?







Power of body language



Activity 7

Discussion



- How did you felt during activities?
- What is non verbal communication?





1.3. NON VERBAL COMMUNICATION



NON VERBAL COMMUNICATION

Non-verbal communication is transmission of messages by a medium **other than speech or writing**.

Non-verbal communication includes **pitch**, **speed**, **tone and volume of voice**, **gestures** and **facial expressions**, **body posture**, **stance**, and **proximity** to the listener, **eye movements and contact**, and **dress** and **appearance**.







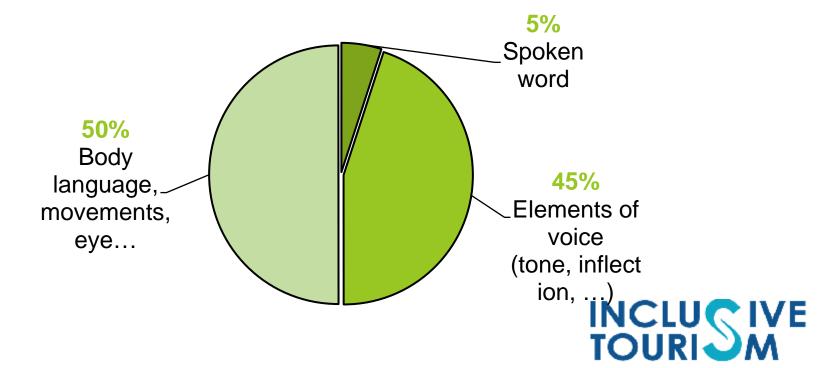


Non verbal communication

Communication skills for accesible and inclusive tourism sector



Research suggests that only 5 percent effect is produced by the spoken word, 45 percent by the tone, inflexion, and other elements of voice, and 50 percent by body language, movements, eye contact, etc. –



Non verbal communication Communication skills for accesible and inclusive tourism sector



We need to be **aware of our body language** in order to ensure we are projecting the right message.



Non verbal communication Communication skills for accesible and inclusive tourism sector



Activity 8

Sorting by height





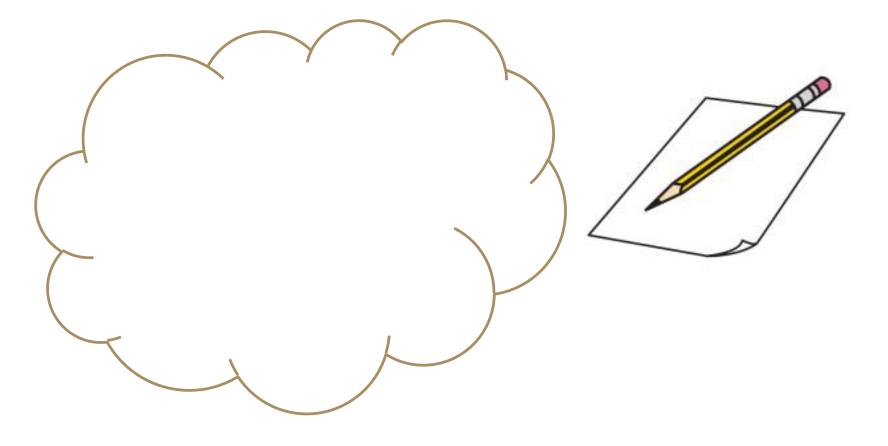
Non verbal communication Communication skills for accesible and inclusive tourism sector





• What are your opinion and comment on aspects such as the importance of good nonverbal communication?

Conclusions



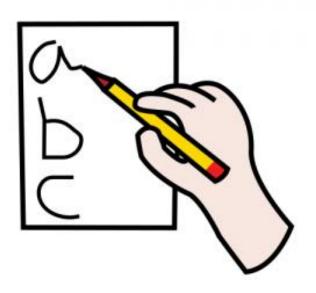




1.4. EVALUATION

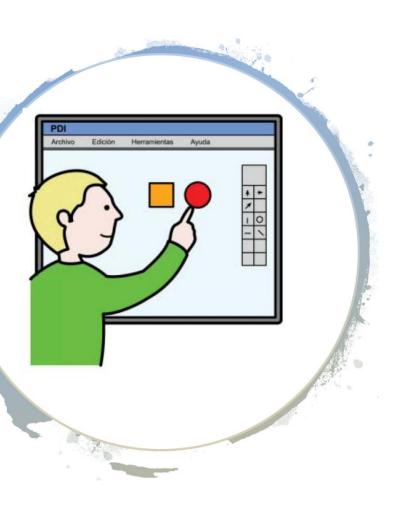
Evaluation Communication skills for accesible and inclusive tourism sector

Basic concepts of communication



Sheet_2_1_Self- evaluation Basic conceptos of communication





SUMMARY OF SESSION 1

- Introduction of basic concepts of communication
- Verbal communication
- Non verbal communication

SESSION 2

AGENDA

- Co-funded by the Erasmus+ Programme of the European Union
 - **1.** Review of the contents
 - 2. Introduction of appropriate and inappropriate communication
 - 3. Appropriate and inappropriate communication
 - 4. Conclusions
 - 5. Evaluation



2.1. REVIEW OF THE CONTENTS



What do you remember from the previous session?



2.2 INTRODUCTION OF APPROPRIATE AND INAPPROPRIATE COMMUNICATION

Activity 1

Ice breaker

Freeze dance





Activity 2

Describe or demonstrate



Questions:

- How you communicate with your friends?
- How you communicate with family members?
- How you communicate at working place?



Discussion



- Why is each situation different?
- What are the expectations of each person?
- What would happen if you greeted your friends in the way you greeted co-worker?
- What would happen if you greeted an co-worker the same way you greet your friends?
- Which is appropriate communication on our job?





2.3 APPROPRIATE AND INAPPROPRIATE COMMUNICATION



Appropriate communication is a major key to success. When you meet a new group of people, you must watch and listen and be alert before you decide on the appropriate communication style.



You might greet old friends with a slap on the back and a tasteless joke, but you certainly wouldn't greet a boss that way.

> When you talk to your friends or family, you can use casual language, touch them or be close to them, you can tell them secrets and personal informations.







Usually, while talking in workplace, we use formal language, we don't touch each other and we do not tell too much of personal information.



Back to back communication



Activity 3



Discussion

How did you felt while talking back to back?



EYE CONTACT AND BODY LANGUAGE





Eye contact and body language influence communication between two people. It is harder to communicate if we do not see each other.



Activity 4

Long distance communication









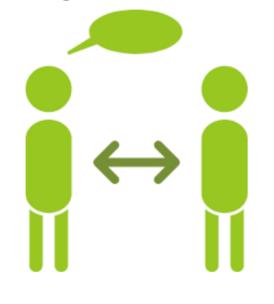
• How did you felt while talking on long distance?

PERSONAL SPACE



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The **physical distance** between the persons in a conversation impacts the overall communication effectiveness. When we communicate, the **distance needs to be just right** (not too close, not too far).





Activity 5

Circles of personal space while communicating





Activity 6

Case analysis of communication



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Sheet_2_2_Case analysis of communication

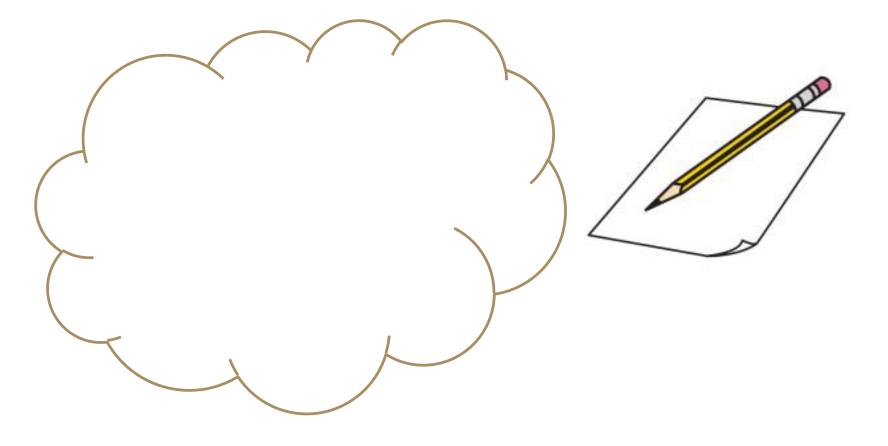




- Why is personal space important?
- What is important to you while communicating with others regarding personal space?
- Which communication seemed appropriate and which not? Why so?



Conclusions



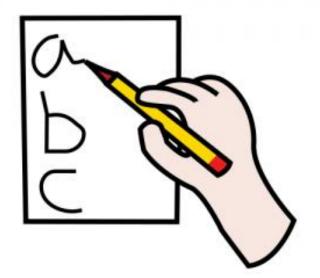




2.4. EVALUATION

Evaluation Communication skills for accesible and inclusive tourism sector

Appropriate and inappropriate communication



Sheet_2_3_Self- evaluation appropriate and inappropriate communication





SUMMARY OF SESSION 2

- Introduction of appropriate and inappropriate communication
- Appropriate and inappropriate communication

SESSION 3

AGENDA

- Co-funded by the Erasmus+ Programme of the European Union
 - **1.** Review of the contents
 - Introduction to good communication in group and problem solving
 - 3. Conclusions
 - 4. Evaluation



3.1. REVIEW OF THE CONTENTS



What do you remember from the previous session?



3.2 INTRODUCTION TO GOOD COMMUNICATION IN GROUP AND PROBLEM SOLVING Introduction to good communication in group and problema solving Communication skills for accesible and inclusive tourism sector

Activity 1

Ice breaker

"Detective"







Activity 2

Fruit salad activity

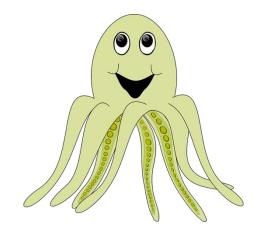






Activity 3

Octopus pen







Discussion

- How did you felt during these activities?
- What is important about communication while we are working in a group of people?
- What if someone is thinking different than I and decides to make it different?





COMMUNICATION IN GROUP

Groups are important because they **influence** the way in which people **experience and understand** the world.



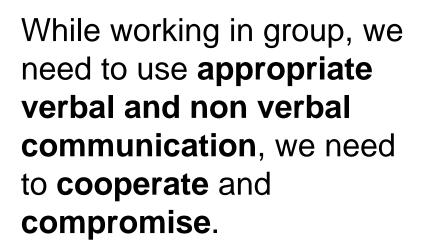
Introduction to good communication in group and problema solving Communication skills for accesible and inclusive tourism sector The term "group communication" refers to the messages that are exchanged by group members.



These are very important to groups because it is **through the exchange of messages** that group members **participate, maintain the group identity, determine goals, motivate participation**, and do the many things that **keep the group intact.**















Activity 4

Make it Move







Activity 5

Make a Team With...







Discussion

- What is important for a good group communication and solving problems?
- How many ideas to move the item did you have?
- How did you choose the idea which you used?



Basic rules for a good communication in group:

- Team problems are everyone's responsibility.
- You can assign roles.
- Every member participates.
- All ideas deserve discussion.



- Share the information, that are appropriate.
- Derogatory comments or put-downs are not allowed.
- Focus on one idea at a time.
- Listen and ask questions. Show that you are listening.
- Acknowledge Your Companion's Feelings

INCLUSIVE TOURISM

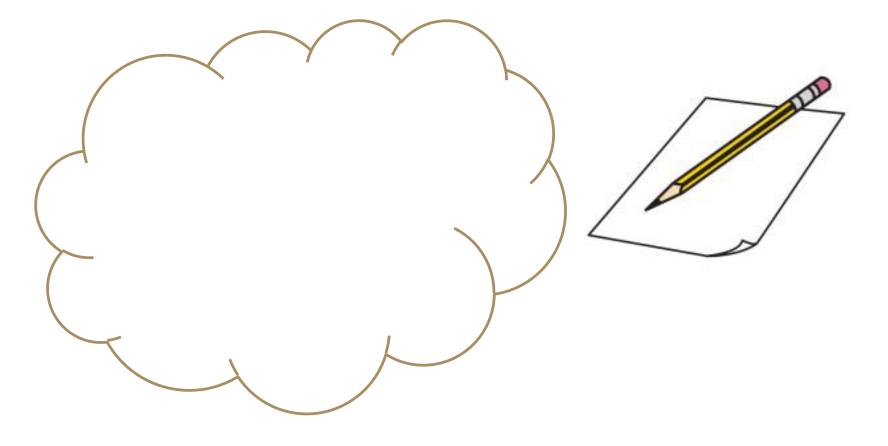




Any group has conflicts, topics that people do not agree on, different points of view on how to move forward with a task and so on. As a result, to be able to overcome any conflict that might arise, a six step conflict resolution will help to overcome the problem:

- 1. All the group members have to listen carefully to each other.
- 2. Understand the different points of view that were discussed.
- 3. Be respectful and show interest in maintaining a good relationship with the group members regardless of their opinions.
- 4. Try to find a common ground.
- 5. Come up with new solutions to the problem or situation.
- 6. Finally, reach on a fair agreement that will benefit everyone.

Conclusions



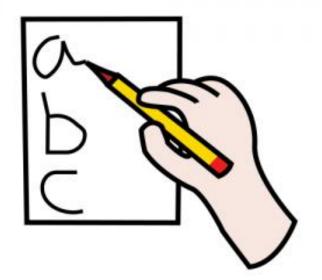




3.3. EVALUATION

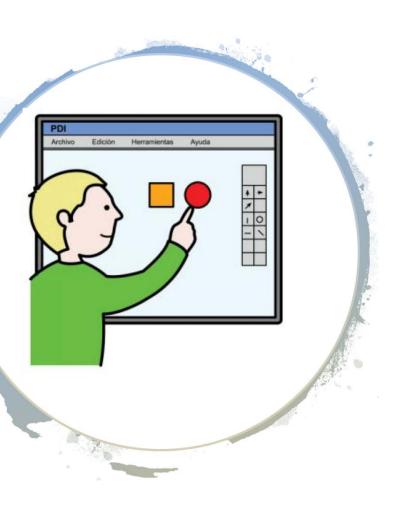
Evaluation Communication skills for accesible and inclusive tourism sector

Communication in group and problem solving



Sheet_2_4_Self- evaluation communication in group and problem solving





SUMMARY OF SESSION 3

Introduction to good
 communication in group and
 problem solving

SESSION 4

AGENDA

- Co-funded by the Erasmus+ Programme of the European Union
 - **1.** Review of the contents
 - Introduction to communication at work and work interview
 - 3. Job interview
 - 4. Conclusions
 - 5. Evaluation



4.1. REVIEW OF THE CONTENTS



What do you remember from the previous session?



4.2 INTRODUCTION TO COMMUNICATION AT WORK AND WORK INTERVIEW

Activity 1 Ice breaker "A great wind blows





Activity 2



Communication at different places – role play activity





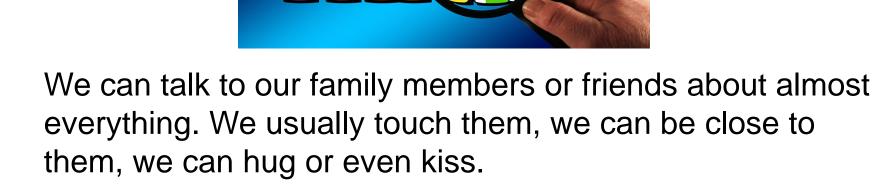


Discussion

• What is the difference while communicating with different groups of people?



People need to **adjust communication to the group** they are communicate with.



Our co-workers can also be our friends and we can also be close with them. But while we are in **working place**, we need to follow the **rules and behave appropriately**.





Even if **guests are our friends**, they come to place we work to get a kind of service. We need to respect that and **behave in accordance with the rules**. We can shake hands, and talk with them a little bit, but we are **on workplace to work**, and is not good to involve too much personal matters.

Also the other guests do not know with who we are friends, and it can bring up **confusion** situations for others.

For most of the time co-workers and guest are not in our close circle of friends, so we have to **respect** them and **their privacy**.



Activity 3 Observe and think





Discussion

• Which behavior was appropriate and which did not?



4.3 JOB INTERVIEW



JOB INTERVIEW

A big part of working or getting a job is job interview.







For job interview is important:

- To get suitable suit, which is not too small or to big, is clean and appropriate for such occasion.
- Before you go, check who is the boss, where the company is, what are their achievements ... That informations will help the conversation to be more fluent.
- Come in time. It is better to come few minutes earlier. It is not okay to be late. Plan a trip a day before.

Shake hands correctly strong. Look a person in the eyes. It is okay to smile, but the smile needs to be sincere.

Present yourself. Tell them your name, why are you there.

They will probably ask you questions such as:

- What are your experiences.
- What are your weak areas.
- If they ask you to tell your weak areas, tell them honestly, but also tell them how can you compensate them.
- What are you good at?
- Tell your good personal qualities, strong areas, where you are good, why is a good choice to give you a job.

Job interview

Communication skills for accesible and inclusive tourism sector

- Do not be afraid to ask questions. That way you show your interest. You can ask questions such as:
 - Can you tell me more about the schedule?
 - Do you enable promotion?
 - What exactly would be my job?
 - ...
- Do not forget to say *"thank you"* at the and and shake hands.
- The next day write them an e-mail. Tell them you were glad that they gave you opportunity and that you hope to hear for them soon. In such way you remind them on yourself





Activity 4

Job interview – role play







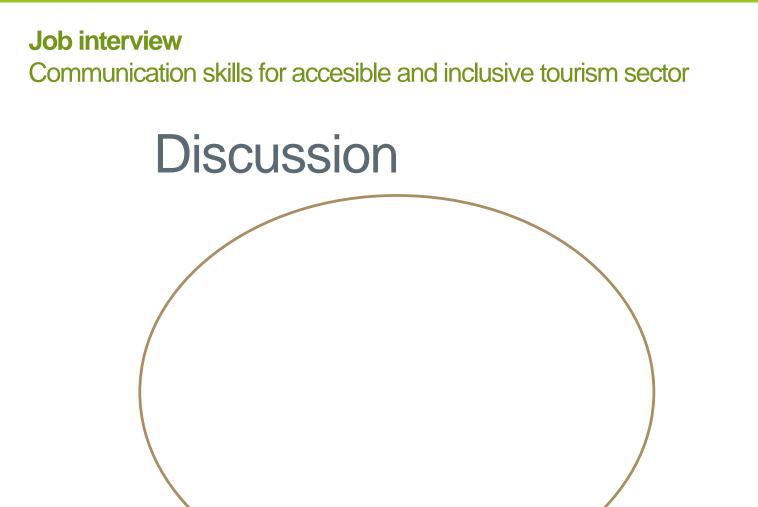
Communication traffic lights





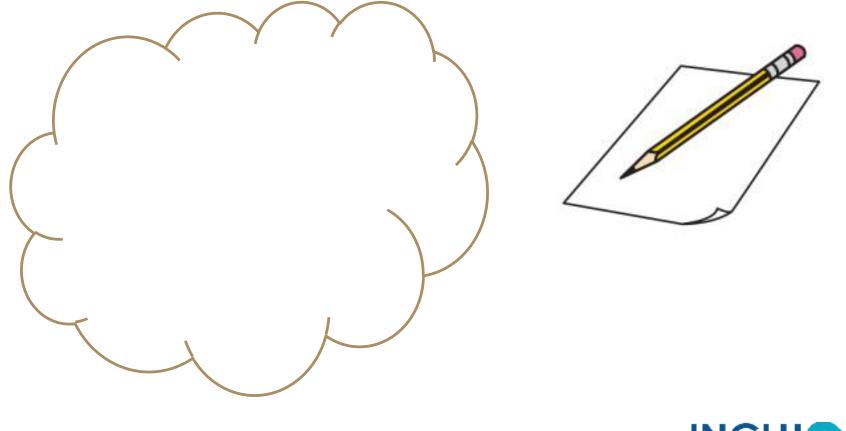
Sheet_2_5_Communication traffic lights

Activity 5





Conclusions



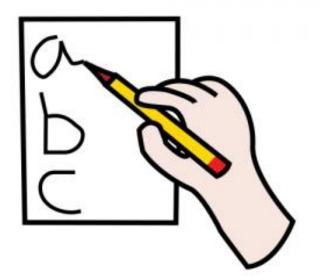




4.4. EVALUATION

Evaluation Communication skills for accesible and inclusive tourism sector

Communication at work and job interview



Sheet_2_6_Self- evaluation communication at work and job interview





SUMMARY OF SESSION 4

- Introduction to
 communication at work and
 work interview
- ✓ Job interview

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UNIT 2 COMMUNICATION SKILLS FOR TOURISM SECTOR

ONLINE SESSIONS

BLOCK 1: SOFT SKILLS IN THE TOURISM SECTOR

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UNIT 2: COMMUNICATION SKILLS FOR TOURISM SECTOR

Online session







Introduction

Repeat the basic concepts about communication







Introduction

Repeat what you learned about communication.







Types of communication

Match different types of communication with the pictures that represents them.







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Ways of communication

Most people think about speech when they think about communication but there are many other ways we can also use to communicate with each other. Discuss each way of communication. Discuss the pictures





Communication skills

Complete the sentences







Job interview

	Communication skills - job interview A big part of working or getting a job is job interview.	
	Sensitive: 🛛 Upper/Lower 🛛 Accents Star	
	Author: IT PROJEKT	i i i



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